



MCPOLIN OFFICE UPDATES
WEDNESDAY, OCTOBER 16, 2019

Dear caregivers and parents,

Happy middle of October to everyone, hard to believe it is Fall Break this coming Friday! Thank you to everyone who participated in Parent/Teacher Conferences. At McPolin, we hope that communication is maintained between school and home all year.

As we enter the holiday season of the year and the classroom celebrations, we wanted to remind everyone about guidelines and expectations regarding food in the classroom.

- **We need your help in keeping unhealthy treats out of the classroom.** At McPolin, non-food celebrations have become the rule, rather than the exception. I recognize that this is not an easy habit, or always a welcome one. However, in the long run, it is better for our students.
- At McPolin Elementary School we are conscious of the types of food that we welcome into our building and offer to our students. Our goal is to model healthy food and activity choices, and to help students who live with dietary restrictions.
- In regards to birthday celebrations there are non-food options that have tremendous appeal for kids. Something as simple as a pencil or eraser to share with each student can be exciting and fun. It's really the act of sharing that offers the most joy.
- There are myriad opportunities for snacking. For those appropriate times, we will seek healthy snack options. In order to be in compliance with state law, any food served at our school must be prepared in a commercial kitchen. **The following snacks will be permitted at McPolin:**

Vegetables	Fruit	Popcorn	Cheerios
Triscuits	Saltines	Cheese	Wheat Thins
Pretzels	Cheezits	Ritz Crackers	Goldfish

I am sure all of us are aware that this **Friday, Oct. 18th is FALL BREAK – NO SCHOOL.** Enjoy the time as you can. As always, contact the front office with all questions, concerns, or clarifications.

Sincerely,
Bob Edmiston