



## Illness Guidelines

- Parents should check their students for symptoms daily.
- Parents should **keep their children home from school if he or she feels sick** or has symptoms of COVID – 19
- **Symptoms of COVID – 19 include, but are not limited to:**
  - Cough and/or shortness of breath
  - **Fever of 100.4** or greater, chills, or sweating
  - Sore throat
  - Muscle aches/pains or fatigue
  - Decrease in sense of taste or smell
  - Upset stomach, nausea, vomiting and/or diarrhea
  - Runny nose or congestion
  - Headache
- Due to the current pandemic, we will be dismissing **ALL** students presenting with any of the above listed symptoms, unless the student has a current Health Care Plan in place related to the complaint.
- Parents of ill students will be encouraged to have their student seen by their health care provider, who will determine if testing is warranted.
- **In accordance with the guidelines provided by the Utah Department of Health, we ask that students dismissed due to ANY illness-like symptoms remain home 24-hours symptom free, without the use of medication. For those with additional symptoms, we encourage students remain home until 72-hours symptom free.**

### Positive Cases in School:

- The Health Dept. notifies the school of ANY positive cases and the school provides instructions to those who may have potentially been exposed.
- A school may disclose that someone at the school tested positive for COVID-19, as long as the facts alone or in combination with other information released do not identify the person (p.21)
- “Contact Tracing in Schools” information can be found on page 24.

### Quarantine

- You (or your student) may be asked to quarantine for 14 days if you were exposed to COVID-19. This means you were in close contact with someone who tested positive for COVID – 19. **Close contact means you were closer than 6 feet from someone who has the virus for 15 mins. or more.**